

**Dermatology Institute
Blepharoplasty (Eyelid Surgery)
Before and After Results:**



Before



After



Before



After

Procedures above performed by D. Harvey, MD

Watch our brief video on Blepharoplasty (Eyelid Surgery) by scanning the code below or by using the case sensitive link under the code.



<http://bit.ly/DIBlep>

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DERMATOLOGYINSTITUTE

FOR SKIN CANCER + COSMETIC SURGERY



**A Guide to Blepharoplasty
(Eyelid Surgery)**

by David T. Harvey, MD, FAAD

To Schedule Your Consultation,
Call: 770-400-8400



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*Dedicated to Healthy
& Beautiful Skin*

What is the Blepharoplasty (Eyelid) Surgery procedure? Blepharoplasty is utilized to repair sagging eyelid skin and correct unsightly fat pads. Depending on the nature of the issue, excess skin, redundant muscle, and bulging fat pads can be cosmetically corrected in order to restore a refreshed and more youthful appearance to the eyes. CO₂ Laser can be used simultaneously with this procedure to remove unwanted skin growths and improve sun damaged skin.

What happens to the appearance of our eyes over time? As we age, the eyelid skin begins to stretch and the muscles and supporting structures around this area weaken. As a result, fat pads begin to protrude and swell. This causes our eyelids to take on a tired and “worn out” look with the appearance of wrinkles, “bags” and dark circles.

What about my vision? In addition to the cosmetic concerns noted above, in some instances, excess eyelid skin drooping may cause a functional impairment and reduce peripheral vision. Peripheral vision field testing is important to perform before proceeding with surgery. Blepharoplasty can sometimes improve these visual field problems.

Is Blepharoplasty covered by insurance? At our office, we do not submit blepharoplasty procedures for insurance reimbursement. We would be happy to provide you with the information so that you may attempt to file yourself. Routine eyelid procedures are not insurance eligible.

Can Blepharoplasty be combined with other procedures? Absolutely. Blepharoplasty can be simultaneously performed with other procedures such as CO₂ laser resurfacing, Excel V™ Laser, RF micro-needling, thread-lifts, facelifts and cosmetic injectable procedures.

Will I be awake during the procedure? “Sleepy” is a better term. We will prescribe you medicine to help you to relax and be comfortable. You will need someone to drive you to and from the appointment and stay with you for 24-hours.



Ideal candidates for eyelid surgery include:

- Healthy individuals
- Patients who do not take blood thinners
- Nonsmokers
- Those who have realistic expectations and a positive outlook
- Individuals who have excellent eye health

To help you decide if blepharoplasty is right for you and what you can realistically expect from surgery, we encourage you to schedule a consultation with us. In this way, we can review your particular case and discuss the benefits and risks of surgery with you.

Blepharoplasty is useful to correct:

- Sagging upper and lower eyelid skin
- Upper and lower eyelid “bags”
- Dark circles under the eyes
- Unwanted growths and sun damaged skin of the eyelids (when CO₂ Laser is used)
- Periorbital veins (when Excel V™ Laser is used with the procedure)
- Periorbital Wrinkles (when CO₂ Laser is used)

Risks:

The risks of blepharoplasty are few but can include:

- Swelling
- Bruising
- Infection
- Incision discomfort
- Drainage
- Dry eyes
- Lower eyelid pull (ectropion)
- Need for revision surgery (1 out of 20 cases)
- Scarring
- Visual disturbances (rare)
- Small cyst formation

Prior to surgery it is important to:

- Discontinue blood thinners for two weeks prior
- Have someone drive you to and from the office and stay with you for the first 24 hours after surgery
- Make sure to get your required blood work and pre-op eye exam
- Start on an antibiotic and pick up the preoperative medications which will help you to relax.
- For bruising, start oral arnica two days before your procedure as directed.
- Sign consent form and have photographs taken
- Let us know if you plan on filing insurance (so we can provide you with the required documentation)
- Wear old clothes to procedure. No jewelry, makeup or perfume should be worn at the time of surgery.
- Do not wear contact lenses or dentures on the day of surgery. No contact wearing until two weeks post-op.

What is the recovery process like?

After surgery, lubricating ointments and cool compresses will be applied. It is important to use eye drops to keep the eyes moist. Swelling and bruising may be noted for the first 48 hours. Usually, this resolves within four to seven days. Remember, that your final results will not be seen for up to six months and that scarring is usually minimal.

What should concern me after surgery?

If you develop trouble with your vision, persistent pain, fever or foul-smelling drainage at the incision site(s), please call us at 770-400-8400. We will help guide you throughout the entire healing process in order to help you achieve the best results. Thankfully, adverse events after surgery are rare.

Upper Blepharoplasty Procedure



Performed by D. Harvey, MD